

NOVEMBER 01, 2013 / BEAUTY

16
SHARES

Feel the Magic at Fit Foot

A Lincoln Park massage parlor that won't bust your budget

By Jourdan Fairchild



I like my massages how I like my men: tough enough to work through the kinks but sensitive when necessary.

So when a little birdie told me about a place where I could get my fix for a fraction of the typical price — \$28 for an hour — I couldn't hurry my tired feet over fast enough.

Located along a nondescript strip of stores in Lincoln Park, Fit Foot's facade is far from special. Inside is another story: Think dimly lit Chinese massage parlor (minus the call girls) with row upon row of beds and the hum of transcendental music in the background. A masseuse escorted me to a black leather bed, then left to fetch towels while I pulled off my socks and shoes (I was fully clothed otherwise).

I'd done my Internet homework, so I knew this was a no-questions-asked kind of place. It's also not for softies. After draping my eyes with a towel and placing my feet in a bucket of warm water, said masseuse went to town on my head and neck. Using the occasional dollop of lotion or oil, she pressed, rubbed, and loosened my knots, then worked down to my feet, where she spent a solid 30 minutes. I'll admit to being a bit distracted by muffled sounds of karate-chopping hands on backs, squeaky beds, and patrons who'd obviously missed the whisper memo. But I was still in a peaceful daze when it came time to pay for the experience.

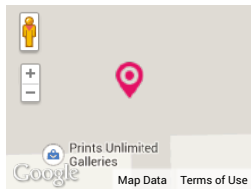
That's what I call a happy ending.

Fit Foot, 1459 West Fullerton Avenue, at North Greenview Avenue (773-525-4705).

Photo: Getty Images

LOCATION

MAP IT >



Fit Foot
1459 W Fullerton Ave
@ N Greenview Ave
Chicago, IL 60614
773-525-4705

SEE MORE: QUICK FIX, RELAX, ZEN

MOST POPULAR



Once a
Candy,
always
a Candy.

BEAUTY

The Short Goodbye

306 SHARES



BEAUTY

15 Homemade Face
and Hair Masks

2054 SHARES

EDITOR'S PICK



FASHION

Life's a Beach

THE ROUNDUP

Latest Slideshows



Inside Our Video Editor's Beauty Bag

Senior editor Lauren Lumsden embraces her high-maintenance habits. Here are the 27 items she can't live without — from makeup remover to a smoothie recipe.

The Spring Makeup
Shake-Up

Go to Bed with Our
Editors